



2015 SKYRUNNING CONTINENTAL CHAMPIONSHIP - RULES

ISF Rules extract

6.17 SKYRUNNING CONTINENTAL CHAMPIONSHIPS - These competitions may be organized every two years, or annually, according to the decision of each Continent in accordance with ISF and may be valid for the Skyrunner® World Series ranking,

GENERAL – The Continental Championships are open to individuals and teams. Only nations will be ranked. National ranking is open to the ISF Members of each Continent.

All team members must be of the nationality of the country they represent.

RACES – The Vertical Kilometer®, SkyRace® and Ultra SkyMarathon® are open to individual athletes who have a medical certificate for competitive sports or conforming to the national laws.

RACE RULES – The race rules of the Vertical Kilometer®, SkyRace® and Ultra SkyMarathon®, conforming to the ISF skyrunning definition (art. 2.4) are listed in Section 3 for organizers and in Section 5 for competitors). ISF skyrunning rules will prevail in case of dispute.

INDIVIDUAL TITLES – Individual men's and women's titles are awarded in each of the three disciplines. Individual combined titles may be assigned on the best results of two races (VERTICAL and SKY or ULTRA categories)

INDIVIDUAL POINTS SYSTEM – Each race will assign points based on the men's/women's results according to the following breakdown: 100-88-78-72-68-66-64-62-60-58-56-54-52-50 down to 2 points. In the event of a tie (combined titles) the best result in the last race will be counted in the ranking.

NATIONAL RANKING

The national team of each country may be declared on the ISF form at the beginning of the Championships and updated only for registering new members at least 12 hours before each race. After registering with the ISF, entry must be made direct with the individual race organizer in compliance with the rules of that race.



Athletes with dual nationality must select one nationality at the beginning of each season.

NATIONAL TITLES will be based on the results scored by the first three men and the first woman of the same nation in each race.

AWARDS

- a) At the end of the each race, the first three ranked men and women of each Continent will receive medals.
- b) The first national teams with the most points in the Vertical, SkyRace and Ultra, will be declared "Skyrunning Continental Champion Team".
- c) At the end of the Championships, the first competitor (men and women) with the most points will be declared "Skyrunner Continental Champion" (Combined Ranking).